

## **DECLARATION BY THE RESEARCH SCHOLAR**

I, M. VIJAYARAGAVAN, research scholar of Doctor of Philosophy in Physical Education hereby declare that the dissertation entitled “**EFFECT OF VARIED AEROBIC EXERCISES ON SELECTED FITNESS, PHYSIOLOGICAL, BIOCHEMICAL AND PSYCHOLOGICAL VARIABLES ON OBESE STUDENTS OF ENGINEERING COLLEGES**” submitted to Tamil Nadu Physical Education and Sports University for the award of Doctor of Philosophy in Physical Education is my original work and it has not previously formed the basis for the award of any degree, diploma associateship, fellowship or any other similar titles to any candidate of any University.

Station: Chennai

Date:

**(M. VIJAYARAGAVAN)**